164 Going a little further into detail, it has been noticed that malarial fevers are commonest in June, at the commencement of the monsoon and during heavy bursts of rain thereafter. Malarial fevers commence as usual in their intermittent form and prove fatal as remittent fever. Other zymotic fevers are uncommon, though the Andamanese will drink the filthiest water.

A short rainfall in the Andamans is usually accompanied by high dry winds and then is the high time of the chest diseases. But though the Andamanese are susceptible to bronchial catarrh, and though chronic bronchitis is common, it is not fatal; pneumonia is however extremely fatal. Pleurisy, hæmoptysis and phthisis are comparatively rare.

Abdominal diseases, though comparatively uncommon, are very fatal, diarrhœa, including probably dysentery, claiming most victims. Dyspepsia and colic are both common. In health the stools are regular, but inclined to looseness. They have been likened to those of the lower mammals when in good health.

Of other diseases sunstroke is dreaded and always fatal. The brain and spinal cord are not often affected, though curvature of the spine is occasionally seen. Scurvy occurs at the seasons when vegetable diet, *i.e.*, such as fruits and roots afford, is too scanty. Elephantiasis occurs among the Onges, but is limited to the Little Andaman. Chronic muscular rheumatism occurs among the older people, leading to loss and withering of limbs. Ulcers, generally the result of wounds in the jungles, are common and, as with the immigrants, slow to heal. Abscesses are also common. Considering that personal uncleanliness is often extreme, skin diseases are curiously infrequent, except ringworm and exfoliated dermatitis, sometimes leading to destruction of finger and toe nails, due either to scurvy or exposure.

[146]

164 177 Excluding malaria, endemic disease has not been recognised among the Andamanese, and the only epidemics that have been known to attack them are imported pneumonia (1868), syphilis (1876), measles (1877), and influenza (1892), in that order: unhappily with disastrous effect. Exposure to the sun and wind in the cleared spaces, the excessive use of tobacco and over-clothing, as results of contact with civilisation, are also said to have undermined their health as a body of human beings. Intoxicants are forbidden to them by local rules and are not easily or commonly procured by them.

755 758 **Medicine.**—The diseases which the Andamanese distinguish by name are malarial fever, catarrh, coughs and rheumatism. Phthisis and heart disease are recognised, but are spirit caused and so are all internal maladies, which of course are not understood.

Medicine and surgery are almost absent from the Andamanese purview. They will bleed on the forehead for fever and headache and round abscesses to alleviate pain. They scarify for rheumatism and internal pain as a last resort. Red ochre and various herbal concoctions are both swallowed and applied as all-healers, in which they have great faith. Certain leaves are sometimes applied to local affections and beds made of them for the sake of their supposed medicinal odour. Cinctures, sometimes of human bones, are used to alleviate pain, but no other charms are employed. Occasionally the diet is slightly changed to relieve illness and they are quick to avail themselves of the hospital provided for them. They are extremely afraid of European surgery and will tremble violently at the sight of the operating knife. They smear themselves with white clay and water against the heat of the sun and with red ochre and oil after dark as a protection against cold.

[844] The sick are sympathetically and very kindly, but superstitiously, treated. There are no pregnancy customs and those at childbirth are sensible and without superstition, difficult delivery being practically unknown.

Snakebite is uncommon and seldom fatal. Ligatures above the bite and scarifying are applied, both operations showing observation and common sense. Bites of centipedes, scorpions, leeches and ticks cause little inconvenience to the Andamanese, though very much to immigrants.

142 **Appearance.**—The figures of the men are muscular and well formed and generally pleasing; often a young man is distinctly good looking, for, though there is a tendency to prognathism, it is not commonly pronounced, while a straight and well formed nose and jaw, accompanied by superior intelligence

10: Sen K-3, 4 (ca. 1955) 1962 AZ2 Andamans AZ2
Onge

621 rather than order is given by the leader. Cipriani observes.[1] "For
622 instance, it is very amusing for them to think that a man gives orders to others. This means that they have no real chiefs. A so-called Onge
[592] chief, or raja, is only the head of a group of families living in the same communal hut, and giving not orders but only advice. It is the most experienced man who is considered chief in the hut, but his authority if at all never goes beyond that hut. In other words no real chief exists in the Little Andaman. Notwithstanding this, there is a perfect order in the island, because nobody interferes with the work or encroches upon what can be considered the rights of others."

124 As is common to most of the aborigines, the Onges are generally
162 not very receptive when the questions about their numbers and other groups are enquired. The headman says that there are many many fifty Onges. However the number of the Onges are approximately 600.

22 As regards the mode of living of the Onges, the hunting and collec-
231 ting are the basis of their economy. The domestication of the plants
241 i.e. art of agriculture is not known to them and it is only 30 years back, the dogs arrived in the island and have been domesticated by the Onges for chasing the pigs, their main prey. In the absence of agriculture, the natural products of the sea and the forest provide them with all
[262] their items of diet. Animal and vegetable products and honey are the main items of their diet and there has been, so far, no introduction of salt in their diet. The most important victims of their hunting are pigs and turtles, the former is chased by dogs and are killed with great
252 cruelty. The cooking of the fish, meat, roots, tubers, jackfruits etc are
251 done by putting them under fire. Preservation of foodstuffs is not widely practised except the jackfruit seeds which are tied up in a small net inside water on the bank of some stream and taken out during rainy season, when the other vegetable foodstuffs are not available. On
● 146 the whole, the Onges have a very balanced diet with a fair richness of all the nutrients. In this connection the observations of Dr. Cipriani during his survey in the Little Andaman throws considerable light in
[157] their conditions of life. He has estimated the Onges as one of the happiest people of the world, who in spite of their primitive economy, are not the miserable victims of poor health, ill nutrition and oddities of life.

396 Some amount of artistry and craftsmanship have developed among these people. A canoe can be constructed by a man, all by himself from

[113] 1 Cipriani, L—Survey of Little Andaman during 1954; Bul. Dept. Anth.,

11: Cipriani E-3 (1951-1955) 1966 AZ2 Andamans AZ2
Onges

from a nut carried by the sea from some tree hundreds of miles away). There was thus ample food for several days, if only the coconuts could be opened. The Onges' teeth solved the problem. They attacked the nuts close to the stalk, stripping off great chunks of the fibrous outer covering until they had uncovered the three 'eyes'. These they dug out with a sharp piece of stick, so that we were able to drink the juice and then break up the nuts to get at the flesh. Never did coconuts taste so good!

Round the base of the tree I saw a thick layer of broken pieces of coconut, the remains of nuts opened by the Onges' teeth over the years. The strength of their bite resembles that of the African pygmies, whom I have seen hanging by their teeth from the lianas and who can dent the barrel of a gun.

The average life span of the Onges, and indeed of the Andamanese in general, is fairly short. On Little Andaman there are probably no individuals over the age of sixty, and most die before fifty. Here again they differ from African peoples of similar stature; Bushmen have been known to live to a hundred, and I saw one in Natal, incredibly wrinkled, but not shrunken, who was certainly near that age if not, as he claimed, over it. This is quite unknown in the Andamanese. There are none with white hair; although a few white hairs can sometimes be found on the head of an old woman, there are none to be seen in the men, who die younger than the women. There is no baldness, which is by no means rare in Negroes, particularly in southern Africa.

Precise age is not easy to determine in the Onges. Visual assessment is hampered by the absence of the signs of ageing common in Europeans. Moreover, a particularly child-like expression often lasts into adult life. In May 1952 I saw on Car Nicobar two Jarawa youths, small but robust, whose age by our standards one would have estimated at ten or twelve years. One turned out to be fourteen, however, and the other at least two years older, and both were adolescent, despite their childish appearance.

Males appear to reach their maximum height at about eighteen, and females at about sixteen; both sexes reach full maturity at about twenty-three. At forty-five they are old: their hard life, their unbalanced diet, with its enormous quantities of fat meat eaten in excess, and complete absence of salt, and their unrestrained sexual activity, may all be contributing factors. The slightly greater age

11: Cipriani E-3 (1951-1955) 1966 AZ2 Andamans AZ2
Onges

The slightly greater age
145 reached by the women may possibly be explained by their some-
165 what less arduous life physically, but biological factors may be the
146 root cause. Despite their deceptively youthful appearance the menopause is over by the age of thirty-eight, at the latest, and they remain in good health thereafter, looking amazingly young. The oldest man I saw was Enagaghe, the head of one of the groups, and he could not have been more than fifty-five. He happily accompanied me on long and arduous trips into the forest, and climbed trees like a squirrel after honey and fruit; neither his appetite nor his zeal as a lover were impaired. His stomach managed to cope with something like a kilo a day of meat, skin and fat, plus fruit, boiled roots and honey. In a hot, damp, oppressive climate like that of the Andamans such a diet year after year cannot fail to produce a state of chronic intestinal poisoning likely to affect the organism as a whole, and may contribute to shorten life, despite an apparent physical vigour.

141 Connected, perhaps, with their excesses is the fact that the Onges'
146 normal body temperature is much higher than usual; with a temperature reading of thirty-eight degrees centigrade they are in good health, with unimpaired appetite. I found an average temperature of thirty-seven point five degrees centigrade in males of various ages, the younger men tending to give the higher readings. The average in females was slightly higher than in males. I was able to observe for myself completely normal behaviour in Onges who by European standards would have been regarded as severely febrile.
[146] In part, as I have said, this may be due to diet and absence of salt, but it must certainly be regarded at least in part as a racial characteristic. It may, too, have some effect on their low vitality; it is interesting that temperatures in the Bushmen and pygmies of Africa, with their longer expectation of life, never vary far from the European norm.

164 These abnormally high temperatures are not a symptom of
[147] malaria. This is clinically unknown in the Andamanese although it is a serious menace to outsiders. Even a few hours on the island can lead to infection if precautions are not taken. I made all the men with me take their tablets regularly, even when propaganda in India against immunization as a Western importation led to objections, so that I had to force the tablets into their mouths myself to ensure that they were swallowed.

11: Cipriani E-3 (1951-1955) 1966 AZ2 Andamans AZ2

less plentiful and containing a great deal of wax, and is greatly prized by the Onges. The darker bees, common in China, Celebes, Borneo and beyond, build their nests in cavities in the rocks, or in tree-trunks. Their honey, darker and with less wax, is more plentiful, but not so fine; when there is enough of the golden honey the Onges ignore the darker variety.

Few of the fruits on Little Andaman contain much sugar, but the Onges eat more than enough honey to compensate any deficiency that would otherwise occur. Whatever the fruit in season, men, women and children climb happily about like acrobats, hanging in the trees to get at it and the honey that goes with it. To chop the tree down is, of course, easiest and the obvious first choice for any Onge. Failing this, and their hooked poles, they climb up the nearby lianas into the branches, or walk up the trunk – an easy feat for them with their very long arms and almost prehensile toes.

Although there are arak nuts and betel leaves in the forest, the Onges ignore them. They are the same variety as elsewhere; *Areca catechu* and *Piper betel*. The Nicobarese are so addicted to them that many have lips and teeth hideously deformed as a result, but this is quite unknown among the Onges, contrary to earlier reports. The appearance of addiction in the Nicobars may have occurred after the separation of the peoples.

With all these fruits the Onges consume vast quantities of honey from the two species of bee, *dorsata* and *nigrocinta*. During the rainy season they can only get at the darker, poorer honey of *nigrocinta*, which builds nests under boulders or in crevices of trees or rocks. The Onges' real honey orgies occur, therefore, in the dry season, when the honey birds (Indicationidae), common in Africa and all over Asia, lead them to the trees where the golden honey of *dorsata* is hidden.

When one of the Onges finds a nest of bees he puts a mark on the rock or tree as a sign of ownership. None of the others would then dare to take possession of it, for fear of punishment by the group,[1] but when the time comes to take the honey everyone helps in the hard work of getting at the nest and opening it up. On one trip from Labanar to Togalanghe, on 19 March 1954, the Onges pointed out over twenty *Nigrocinta* nests to me, all reserved ready for use

[1] However deep in the forest a crime is committed, it will inevitably be discovered in the end, and punished by banishment from the community.